

**Amendments to the Abstract:**

Please insert the following Abstract as a separate page after the claims.

ABSTRACT OF THE DISCLOSURE

The invention relates to a system for fixing a grip handle to a container belonging to an item of cookware. The inventive system consists of: a stud comprising a body that is to be fixed to the container, and a flame guard which surrounds the stud and which comprises a lateral wall and an annular shoulder. According to the invention, the stud comprises a flange ring, and the distance separating the flange ring from the end of the body to be fixed to the container and the distance separating the shoulder from the end of the wall that is intended to be in contact with the container are such that, as the handle is moved towards the container, the shoulder abuts against the flange ring just before the end of the wall abuts against the container.